Jack Be Nimble

Jack be nimble, Jack be quick.
Jack, jump over the CANDLESTICK.

Jack be nimble, quick as a fox.
Jack, jump over this wooden BOX.

Jack be nimble, Jack cut a caper.
Jack, jump over this blue piece of PAPER.

Jack be nimble, Jack be fair.
Jack, jump over this wooden CHAIR.

Jack be nimble and bright as a star.
Stand up and jump very wide and FAR.